

Family Intensive Specialist

# Position Summary

The Family Intensive Staff member plays a key role in facilitating immersive, short-term therapeutic experiences for families within a wilderness setting. These 3-day intensives are designed to deepen the integration between a student’s wilderness therapy experience and their family system— supporting connection, healing relational dynamics, and equipping families with tools for lasting change.

This role requires the ability to guide therapeutic processes outdoors, often in partnership with the student’s primary therapist, and to bring a balance of clinical skill, wilderness proficiency, and relational depth. We strongly encourage applicants with extensive wilderness or field experience to apply, even if they are not currently licensed clinicians.

Reports To: Clinical Director & Program Director Location: In-person | Based in Duchesne, Utah

# Key Responsibilities:

## **Therapeutic Facilitation**

* Co-facilitate immersive, 3-day family intensives using experiential and evidence-based approaches (e.g., systemic therapy, attachment theory, CBT, DBT).
* Collaborate with the studentʼs primary therapist to explore core family dynamics, process historical patterns, and guide skill-building.
* Offer real-time observations and feedback to families to help shift relational patterns.
* Maintain a safe, grounded presence during emotionally charged moments; support de-escalation when needed.
* Document family progress and key takeaways in alignment with program protocols.

## **Program Collaboration & Integration**

* Partner with field staff, therapists, and program leadership to ensure seamless coordination of intensives.
* Support families in understanding their childʼs growth and preparing for transition or reintegration.
* Offer parent coaching during and outside of intensives as needed.
* Contribute to aftercare and transition planning with the clinical team.

## **Outdoor and Safety Responsibilities**

* Demonstrate proficiency in basic backcountry living: hiking, camping, meal prep, gear management, and Leave No Trace principles.
* Follow safety protocols and contribute to risk management planning.

Collaborate with logistics and field teams on camp setup, group dynamics, and flow of each intensive.

## **Professional Growth**

* Participate in ongoing supervision and training.
* Stay current on developments in family therapy, trauma-informed care, and experiential modalities.

Desired Qualifications:

## Education & Background

* Masterʼs-level education (completed or in progress) in Marriage and Family Therapy, Social Work, Counseling, Psychology, or related field preferred.
* OR: Significant experience in wilderness therapy, field guiding, or adolescent/family treatment strongly considered.

## Experience:

* At least 2 years of experience working with adolescents, young adults, or families in therapeutic, educational, or wilderness settings.
* Previous involvement in multi-day therapeutic retreats, intensives, or group facilitation preferred.

## Skills & Attributes

* Strong grounding in family systems theory and relational dynamics.
* Clear, compassionate communicator—verbally and in writing.
* Ability to build trust quickly and engage a wide variety of family systems.
* Experience managing complex group dynamics and offering therapeutic feedback in real time.
* Emotional resilience, adaptability, and confidence in outdoor environments.
* Comfort working independently while collaborating across disciplines.

## Certifications & Physical Requirements:

* CPR and First Aid required (WFA or WFR preferred).
* Must be able to hike and camp in remote terrain for multiple days; carry 30+ lbs over uneven ground.
* Valid driverʼs license and clean driving record.
* Must pass a background check and drug screening.

# Schedule & Additional Notes:

* This is a field-based position requiring availability for multi-day intensives, including nights spent outdoors.
* Typical schedule is Tuesday through Friday on a 4 days on / 3 days off rotation.
* During weeks without scheduled family intensives, staff may be asked to support general field operations or student groups.

# Compensation, Location & Benefits:

* Location: Fully in-person, based in Duchesne, UT. Staff must commute to base camp for each shift.
* Compensation: Competitive compensation, dependent on experience.
* Benefits: Full-time employees are eligible for:
  + Medical and dental insurance
  + Paid time off (PTO)
  + 401(k) with employer match (following eligibility period)
  + Professional development opportunities
  + Clinical supervision for individuals pursuing licensure

**To Apply:**

Please email your **resume, letters of recommendation for this role** and a **brief cover letter**

outlining your interest and relevant experience to: [**recruiter@second-nature.com**](mailto:recruiter@second-nature.com)